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Academy Tech Tips

Tips for Accessing 3^{rd} Mode in the C-Leg® 3

The C-Leg® 3 now comes with a 3rd Mode, similar to the 2nd Mode, which can be set for a specific activity. Here are a couple tips for helping patients to use the mode more easily.

Note: 3^{rd} Mode can only be activated by bouncing on the heel three times, with the knee fully extended. Once 3^{rd} Mode is activated, the remote control can be used to switch back to 2^{nd} or to 1^{st} mode, but the remote cannot be used to enter 3^{rd} mode from 2^{nd} or 1^{st} mode.

Switching between 1st and 2nd modes without the remote control:

Unlike the 3rd Mode, the 2nd Mode **can** be accessed with the remote control or by bouncing.



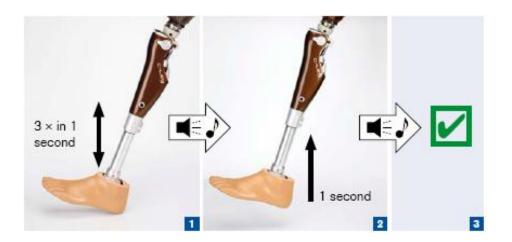
- Bounce up and down on the forefoot at least 3 times in one second while maintaining continuous ground contact. The foot must bear at least 70% of the maximum load. When relieving the foot, the foot must bear at least 15% of the maximum load. You will hear a beep signal.
- 2. Lift the leg for at least one second and extend it to the rear (no ground contact).
- **3.** The C-Leg confirms the switching and changes to the respective other mode:

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- Activation of the 2^{nd} mode = 2 short beep signals (joint changes from 1^{st} mode to 2^{nd} mode)
- Activation of the 1st mode = 1 short beep signal (joint changes from 2nd mode to 1st mode)

Switching between 1st and 3rd modes without the remote control:



- 1. While maintaining contact with the ground, bounce on the heel at least 3 × within a second. During this process, at least 70 % of the maximum heel load must be placed on the foot. When the load is reduced, the minimum value must not be less than 15 % of the maximum heel load. A beep signal sounds.
- 2. Take weight off the leg for at least one second.
- **3.** The C-Leg confirms the switching process and switches to the other mode:
 - Activating 3rd mode = 3 short beeps (joint switches from 1st mode into 3rd mode)
 - Activating 1st mode = 1 short beep (joint switches from 3rd mode into 1st mode)