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Academy Tech Tips

28U11 WalkOnTM: Obtaining a Comfortable Fit for Your Patients

Here are a few tips to help your patients get the best fit possible with their WalkOn AFO.

- 1. The WalkOn should never be worn directly against the skin, and you should make sure that there is an interface between the patient's skin and the medial strut.
- 2. For the plantar surface, the WalkOn footplate can be inserted into the shoe under the shoe's insole or orthotic insert. Moleskin or other simple foam pad can also be applied.
- 3. If the patient's ankle rolls medially or otherwise rubs on the medial strut, the issue can sometimes be resolved by using an orthotic insert or scaphoid pad. Moleskin or a foam pad can also be applied to medial strut in this instance.
- 4. Finally, if the medial strut contacts the patient's ankle the contact edge can be softened by a Tycro wheel or other buffing tool. It's important to note that the goal is not to remove material, but simply to soften the edge to prevent skin abrasion.



If you have any further questions, please contact Ottobock at 800 328 4058 and ask to speak with a member of our Professional and Clinical Services department.